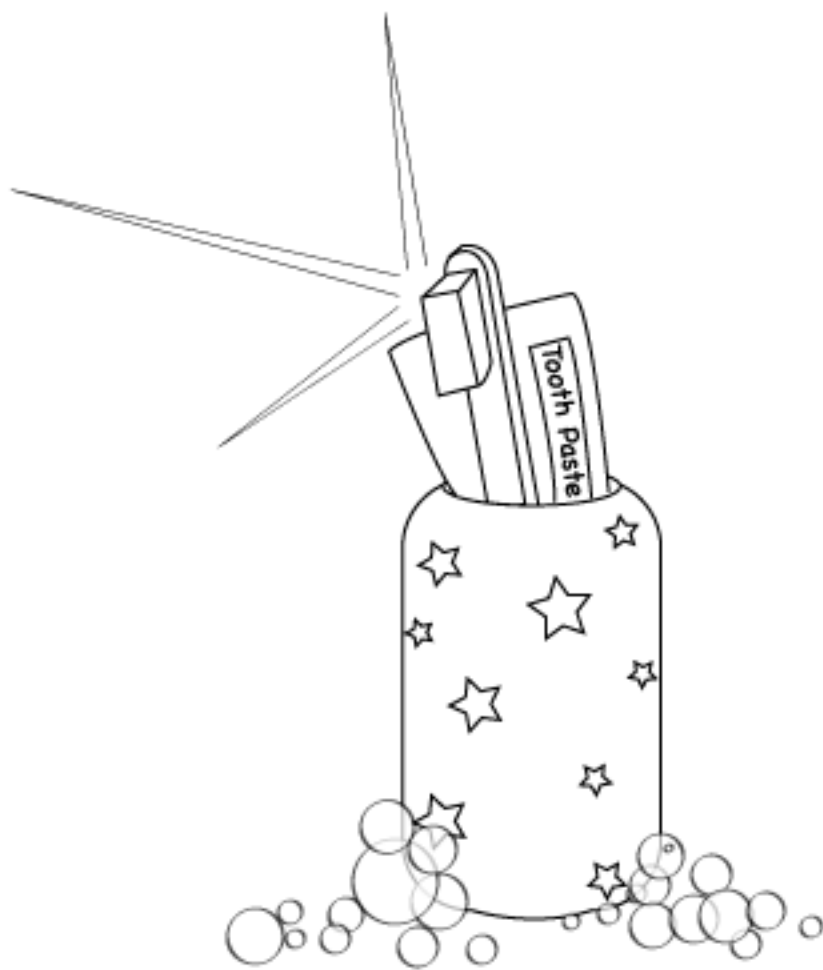
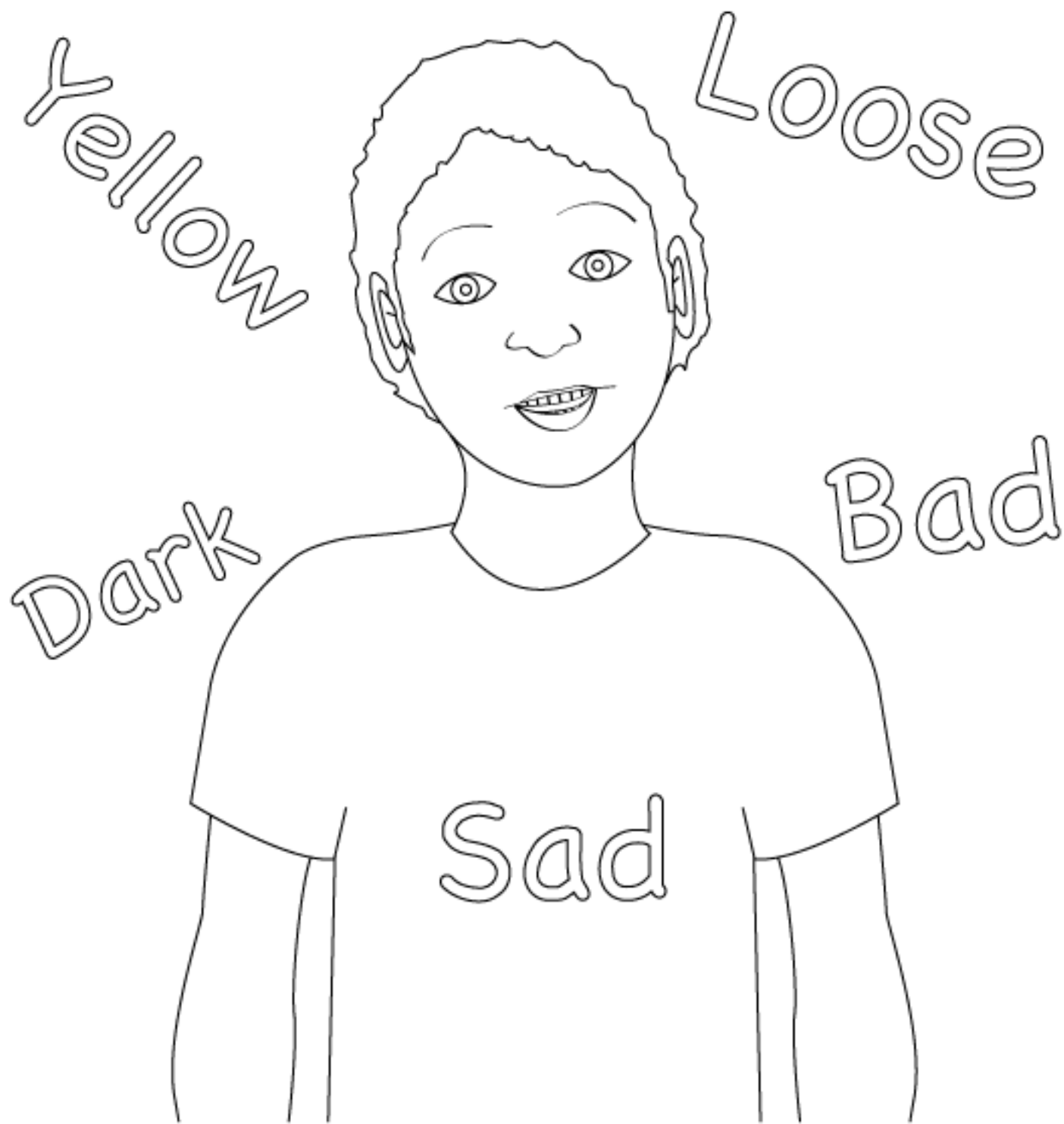
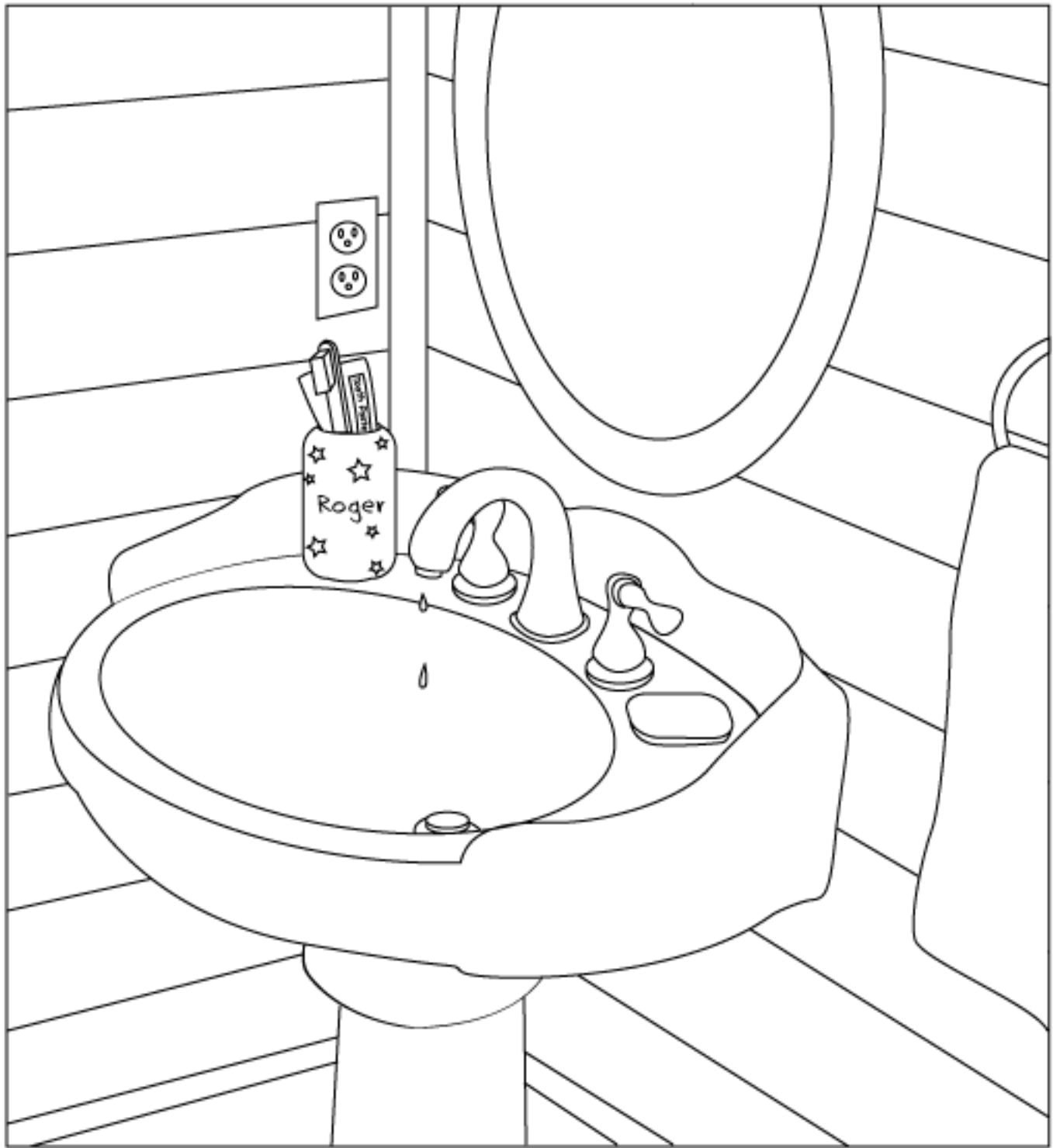


Treasure Your Teeth

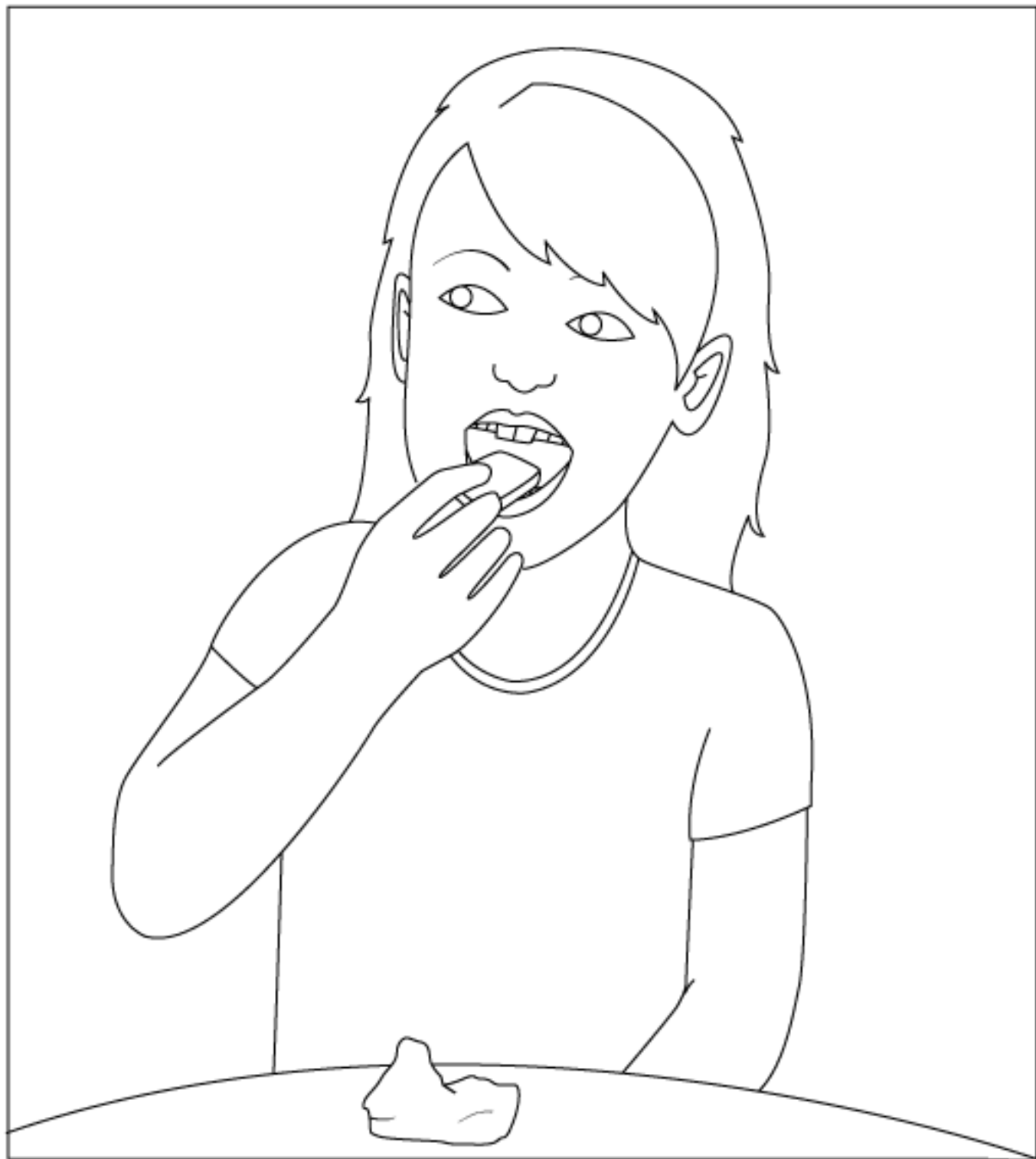




Timmy didn't brush his teeth.
His teeth were dark and yellow.
His breath was bad. His teeth were loose.
Timmy was a sad little fellow.

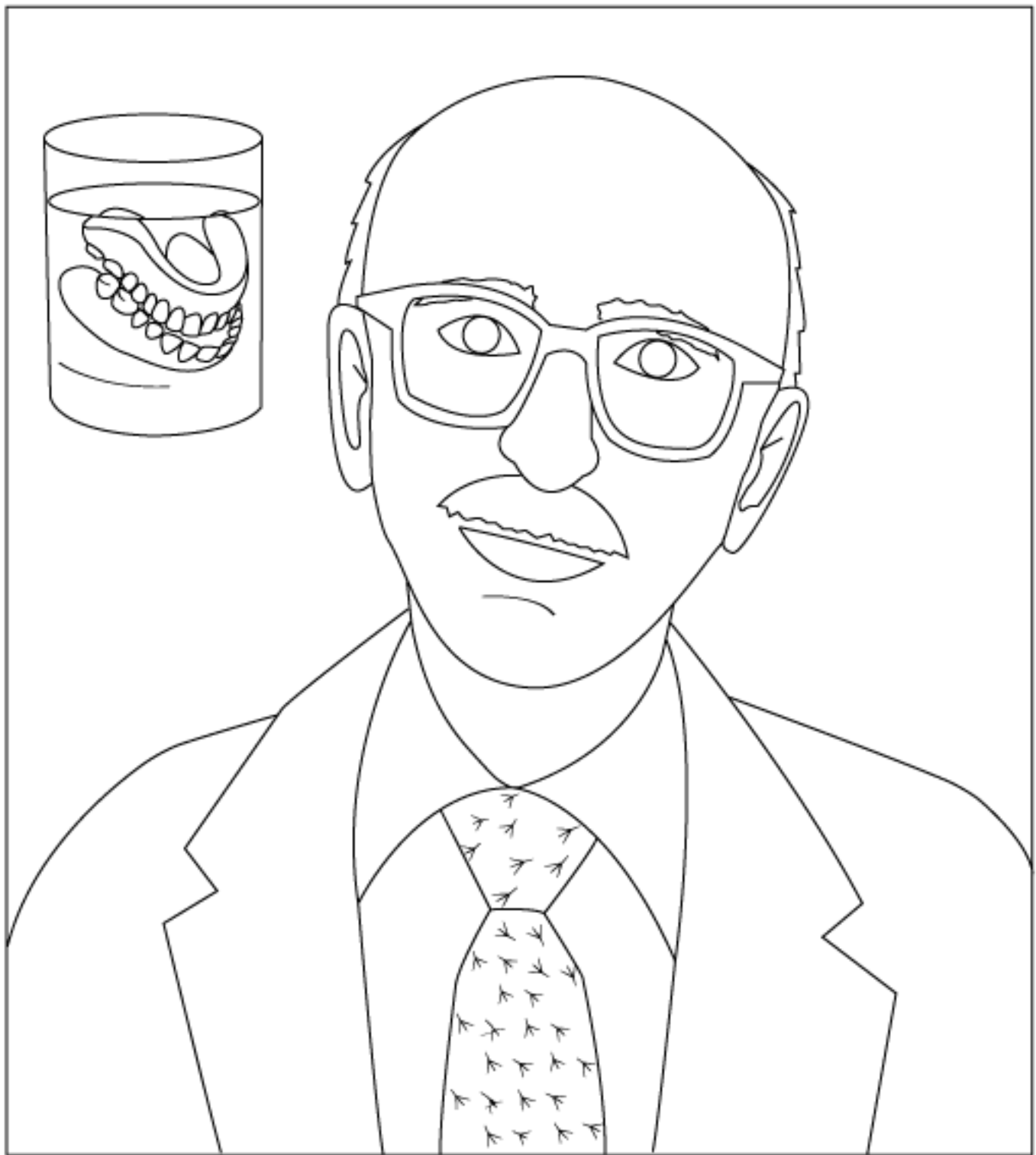


Roger forgot to brush his teeth. He
didn't like to smile.
His teeth were full of cavities 'cause he
brushed once in a while.



Ruby ate lots of candy. She loved all kinds of sweets.

But she never, ever brushed her teeth after eating treats.



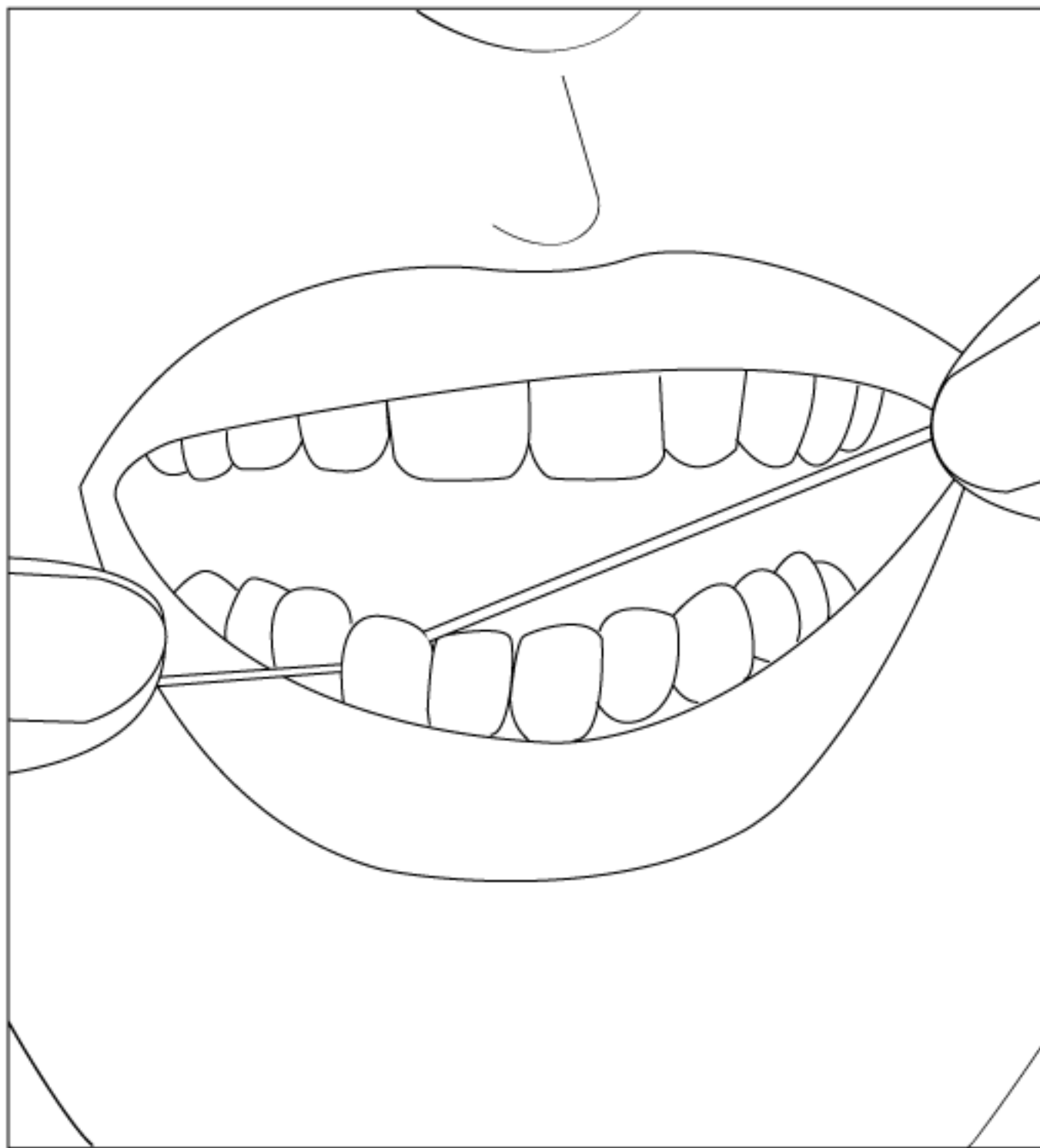
Grandpa John had dentures, false teeth that weren't his own.

He didn't brush. He lost his teeth after he was grown.



Rosemary had pretty teeth. Her teeth were
clean and white.

That's because she brushed her teeth each
morning and each night.

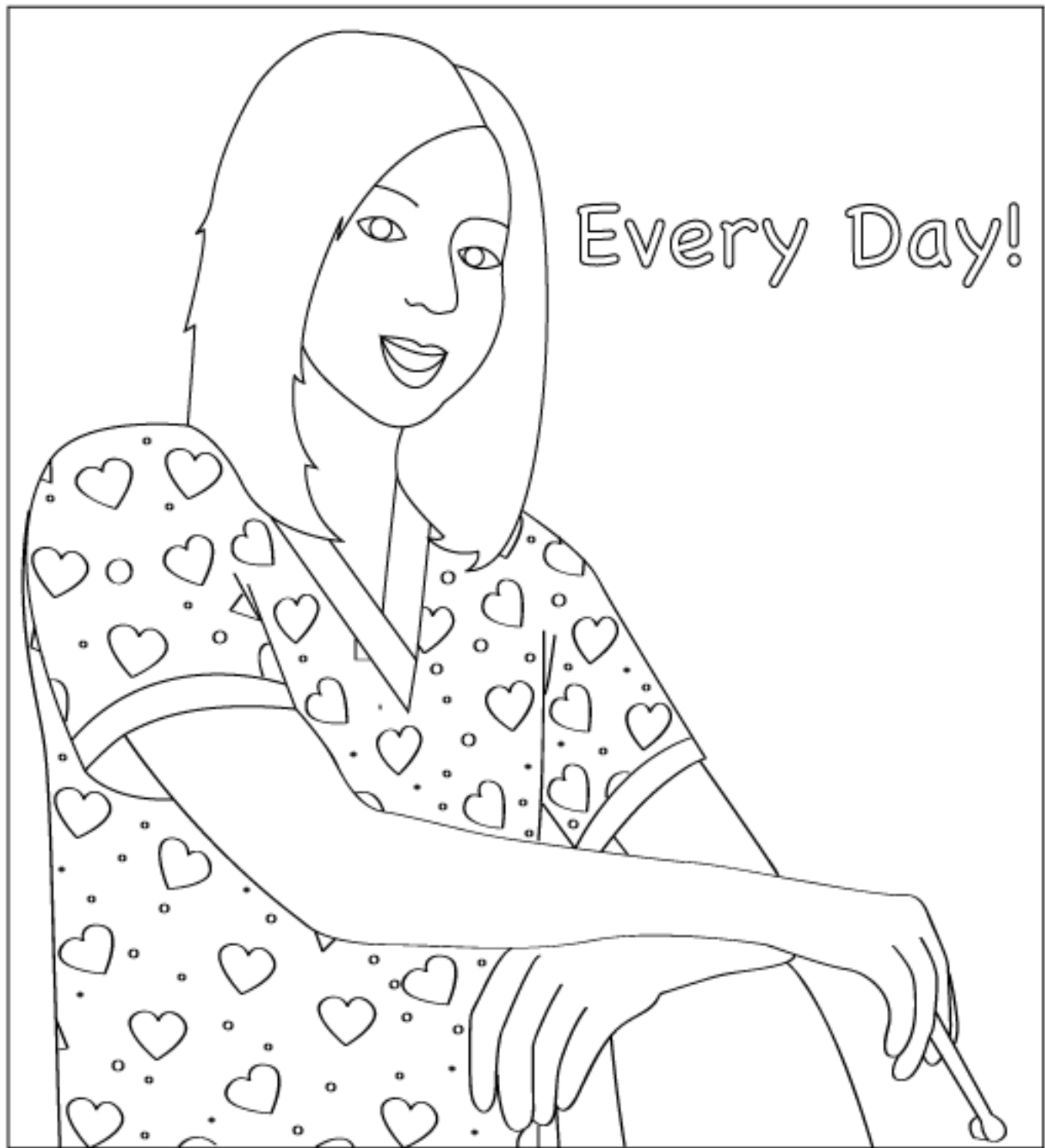


If you want a smile like Rosemary, you
must keep your teeth clean.
Brush twice a day with toothpaste and floss
them in between.



Brush your teeth with fluoride to keep them in
tip-top shape.

Brush up and down, not side to side, and do
not poke or scrape.



Also you should floss your teeth at least once
every day
To keep from having cavities. That's what
hygienists say.



So if cavities and toothaches is
something that you fear,
Eat healthy foods, not candy; see your
dentist at least once a year.



Your teeth will last a lifetime, but only if you care.
You have one set of teeth to treasure, so you want
to keep them there!

1. Why did Timmy have bad breath?

- a. He didn't brush his teeth.
- b. He ate garbage
- c. He smoked cigars.

Answer: _____

2. Why didn't Roger like to smile?

- a. He had no teeth.
- b. He had blue teeth.
- c. His teeth were full of cavities.

Answer: _____

3. What are dentures?

- a. teeth made from cement
- b. false teeth that are not your own
- c. teeth with a dent in them

Answer: _____

4. Why did Rosemary have white teeth?

- a. She painted them white.
- b. She had false teeth.
- c. She brushed her teeth twice a day.

Answer: _____

5. What direction should we brush our teeth?

- a. Brush your teeth from side to side.
- b. Brush your teeth up and down.
- c. Brush your teeth around and around.

Answer: _____

6. What else should we do once a day to keep our teeth healthy?
- a. We should floss once a day.
 - b. We should drink orange juice once a day.
 - c. We should eat candy once a day.

Answer: _____